

Level 3 Certificate in Childcare and Education

ACTIVITY Linking Play to development

Play is an important part of children's learning and development

On level 3 course we will be discussing different types of play activities. Can you think of 2 further activities that you enjoyed doing as a child or have seen children playing, and think how it helps some of the following:

Language (new words, talking to others, having to listen)

Social (sharing, joining in, following rules)

Emotional (achieving, expressing feelings)

Cognitive working things out, imagination, being creative)


Physical (using muscles such as running and jumping or precise movements)

Maths (counting, adding, subtracting, shapes, patterns)

Literacy (writing, reading)

<https://www.guardian.edu.au/blog/children-at-guardian-forrest-explore-loose-parts-found-in-nature/>



Activity	How it supports learning and development
<p>Teddy Bears Picnic</p>  <p>https://www.mybostonuk.com/fun-in</p>	<p>This activity helps:</p> <p>Maths - the child needs to think about how many cups, pieces of cake etc for each teddy The child will also be matching up the number of cups to saucers</p> <p>Social - the child is acting out a social situation</p> <p>Cognitive - the child is using their</p>

[-the-park-at-the-teddy-bears-picnic/](#)

imagination

Physical - using their fine motor skills to set out the picnic