

Baby signing

Early exposure to signing helps babies develop their language and reasoning skills. While other babies are still working out how to get what they want, signing babies are learning how to communicate with words and simple phrases. Research on baby sign language has found that teaching baby signs improved cognitive and emotional development. Baby sign language increases the rate of verbal development, this is why we use it in nursery settings.

**Have a go at teaching yourself some basic signs, using the link to a “baby sign dictionary” <https://www.babysignlanguage.com/dictionary/?v=79cba1185463>

**Have a go at teaching yourself some popular signs used in nursery, using the the picture below:



**This video demonstrates some signs you can use for popular nursery rhymes <https://www.youtube.com/watch?v=Z0jFdEJ1UqM>