

Brighton MET - Level 3 Childcare and Education - pre-course task 2022

CHILD DEVELOPMENT AND MILESTONES

It is important to understand how children grow and develop and how this changes over time. By knowing the different stages of development that children go through any delays in development can be noticed and support put in place. The stages that children go through to develop are known as '**milestones**' (milestones are significant events that mark transition from one event to another, originally they used to be large stones or signs placed along a road to show each mile so a person would know when they had reached a mile or a significant part of their journey).

Different areas of development

- **cognition** (intellectual thinking skills, working things out, understanding)
- **speech, language and communication** (talking, listening, reading and writing)
- **physical development** (gross large muscle movements such as sitting, crawling, walking, running and fine muscle movements such as using hands to grasp, hold and manipulate objects)
- **social and emotional development** (being able to work with others, take turns and follow rules, and knowing different emotions and being able to express these in different ways)

TO DO:

- You need to research the developmental milestones that a child will go through from birth to seven years
- You need to explain this using a mixture of your own words with some direct quotes.
- You need to only choose **3 areas** but must include speech, language and communication.
- You need to use more than one source for your information



<https://thelatinahomemaker.com/why-developmental-milestones-matter>

You can research by typing in milestones for.....(e.g. Physical development 0 to 1 year)

What is a direct quote - this is where you copy something directly from a book or the internet, you need to show this by putting it in speech marks and showing the link where you obtained this information. Either website address, or name and author of a book and page number

EXAMPLE: A DIRECT QUOTE

'May briefly calm himself (may bring hands to mouth and suck on hand)'

<https://www2.ed.gov/about/inits/ed/earlylearning/talk-read-sing/feelings-milestones.pdf>

sourced 8/6/20

How do I write in my own words - once you have read a piece of text with the information you need you need to write it again but in a way that shows you understand what this means and is not just copied.

IN MY OWN WORDS

This is what I looked at :

By 3 months. At this point, your baby should enjoy playing with caregivers and may cry when play stops. Your baby will communicate with the face and body and may imitate your facial expressions.

This is what I wrote:

By 3 months the baby will be comfortable playing with their main carers and get upset when play stops. At this age they will imitate facial expressions.

Sourced from

<https://www.stanfordchildrens.org/en/topic/default?id=your-childs-social-and-emotional-development-1-4521>

AGE GROUPS & EXAMPLE OF HOW YOU CAN SET IT OUT

AGE	GROSS	FINE
One to six months		
Six months to 1 year		
1-2 years		
2-3 years		
3-5 years		
5-7 years		

Good luck

