

## Parent newsletter

Welcome to our new newsletter for the parents, carers and guardians of our students.



### Covid-19 testing

We are pleased to have welcomed students back for face-to-face teaching this week, after successfully carrying out extensive on-site testing.

**Students who have completed their on-site COVID-19 tests, are now eligible to collect home test kits.** These kits will allow students to test themselves for COVID-19 at home, twice a week.

Full information about home testing, including what to do before taking a test, where to collect testing kits and what to do after taking a test, is available [here on our website](#).

### Home testing information for students

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### Frequently Asked Questions

We understand this is an uncertain time, so we've prepared some frequently asked questions to offer guidance. These are available on our website. Please check back regularly as any updates will be posted there. Should your question not be answered, please email [marketing@gbmc.ac.uk](mailto:marketing@gbmc.ac.uk)

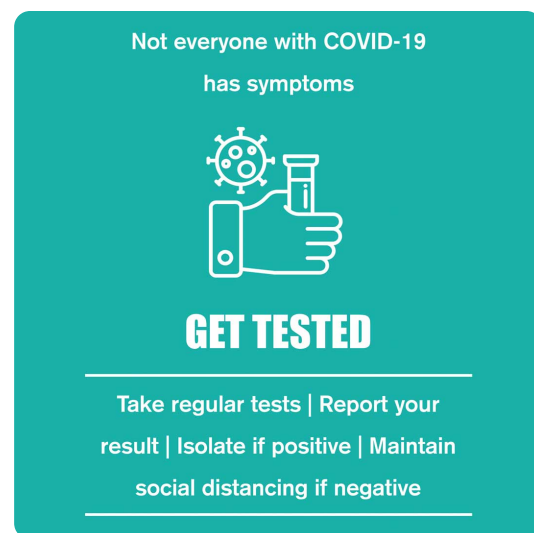
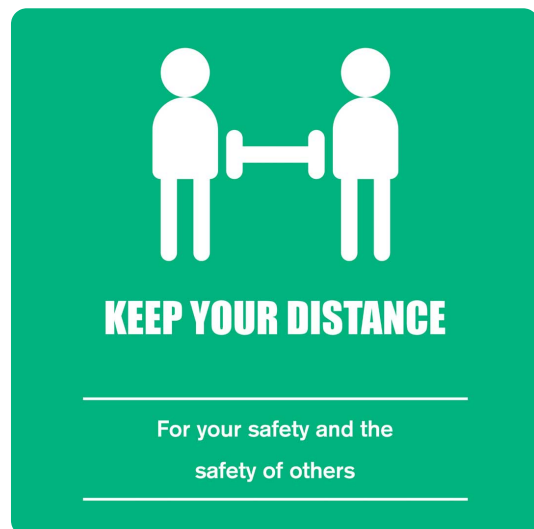
**See our Frequently Asked Questions**

## Safety measures

We appreciate whilst many students are keen to get back to on-site learning, some will be feeling anxious and concerned about their safety. As a reminder, these are the safety measures we have in place:

- extending the wearing of face coverings to classrooms and workshops
- maintaining social distancing
- ensuring adequate ventilation
- provision of hand sanitiser throughout our buildings
- increased cleaning of frequently touched surfaces
- tracing close contacts of confirmed cases and issuing self-isolation notices

The following notices have been displayed around all of our campuses as a reminder to our students.



## A message following recent national media coverage

We are aware that the recent national media coverage may be causing heightened concerns in regard to gender-based discrimination, harassment, abuse and violence.

These news stories and images are upsetting and deeply concerning.

The College takes the personal safety of our students extremely seriously and continues to promote a safe learning environment for everyone.

If students need to report discrimination, harassment, abuse or violence of any kind, they can email [safeguarding@gbmc.ac.uk](mailto:safeguarding@gbmc.ac.uk), or speak to a member of the Mentor team by emailing [mentor@gbmc.ac.uk](mailto:mentor@gbmc.ac.uk), or speak to their tutor. If students wish to discuss their concerns with a staff member of a particular gender, they can let us know.

The College Safeguarding team are here to ensure all students feel safe and supported, whether this is because they have experienced discrimination, harassment, abuse or violence, or wish to discuss their own behaviour towards others.

The College will support students to ensure they can share their concerns, be heard, get home safely and access appropriate support.

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## Careers guidance

Our Careers team is continuing to support students and to deliver group sessions on CVs, apprenticeships and careers skills. All students can check out our careers resources, or book a one-to-one careers guidance interview, via the [Student Landing Page](#).

Students can also benefit from the College's [Unifrog](#) subscription and should have received a welcome email in their college inbox. Unifrog hosts a wealth of resources, including information, quizzes and videos on careers skills, supporting students with their next steps. If you would like more information on Unifrog please contact us, by emailing: [Careers@gbmc.ac.uk](mailto:Careers@gbmc.ac.uk).

## Employability

Our Employability team has been working on exploring various opportunities for virtual work experience to support our learners. To find out more about the latest employer opportunities and information, [click here](#).



## Central Brighton Campus redevelopment

We are excited to say that the redevelopment of our Central Brighton Campus is complete! The campus is fully equipped with state-of-the-art studios and classrooms which have been specifically designed for creative and digital specialisms, as well as brand new hair and beauty salons, located on the lower floors allowing improved access for public clients. The College has been reorientated to face the city, as seen in this fantastic aerial image, and also has a new outdoor space for the public to enjoy.



## Widening participation at GB MET

We are committed to widening participation in higher education to ensure that the student population is from a diverse range of backgrounds. We have support in place to ensure that we give both our further and higher education students the best possible chance to succeed at university-level and progress either into employment or further studies. [Click here](#) to visit our Widening Participation website page where you can meet the team, find out about outreach activities, research projects and more!

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## Wellbeing top tips

We have put together the following wellbeing tips to help you and your young person during this time.



**"Keep in the present moment by focusing your senses in the here and now. This will stop your mind from becoming too cluttered by the past and future and will reduce anxiety and worry."**

Sarah Lacey - Pastoral Mentor

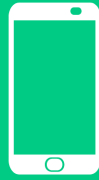
Tip #1



**"Write down three things that you are grateful for each day. This really helps bring you back to feeling positive."**

Jaine Honeywell - Student Experience Coordinator

Tip #2



"Even though we cannot meet physically, we can virtually. When we collide we make stronger bonds with each other. My advice is to pick up the phone, message, call as many people as you can...and collide!"

Adam Haniver - Sports Tutor & Boxing Coach

Tip #3



"Do something you're passionate about each week. It might be a walk after work, reading a book, or playing the ukelele. It will help give you balance and remind you that you deserve things in life which bring you joy."

Imogen Peroni - Additional Learning Support

Tip #4

If you require further support, you can get in touch with our Pastoral Mentors, by emailing [mentor@gbmc.ac.uk](mailto:mentor@gbmc.ac.uk).

[Click here for health and wellbeing resources](#)

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## Upcoming events



### Music and Media Industry Weekly Webinars

We're delighted to be hosting a series of five, weekly music industry webinars with Q&As, delivered in partnership with [LOOKOUT](#) and funded by Uni Connect. The webinars are free and open to students at GB MET, other local sixth form and college students, and people in our wider community. To book a place simply complete the [online booking form](#) and we will send you the joining instructions before the event.

[Find out more](#)



## Creative Degrees

**Date for your diary: Virtual Q&A sessions | Wednesday 24 March 2021**

This event is for anyone interested in studying a creative degree with us, to hear from our industry-expert teaching staff and ask any questions about our courses or possible careers. We offer an extensive range of creative degree programmes so we'll be running three separate sessions to cover each subject area. To find out more about this event and to book your place, visit [our website](#).

**[Book a place](#)**

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If you have any questions about anything in this newsletter, please contact [marketing@gbmc.ac.uk](mailto:marketing@gbmc.ac.uk)

